

Vaping Resources for Schools

Many websites and online resources have been developed in recent years to assist schools in the area of e-cigarettes and vaping. Some of these provide detailed programs of work that include lesson plans and PPT presentations, while others contain a range of material that can be used to stimulate classroom discussion on the topic.

All of the resources listed below have been developed overseas, many from the US, so it is important that teachers take the time to read through what has been provided and then adapt any material they may choose to use when working with their students.

Consider The Consequences:

A Heath Canada campaign with some useful resources – the posters are great and the information sheets for teachers and parents are good (but would need to be adapted for Australia). The video and online activities not that impressive but worth a look ...

[\(\[considertheconsequences.ca\]\(http://considertheconsequences.ca\)\)](http://considertheconsequences.ca)

Don't Get Sucked In:

This is an Asthma and Respiratory Foundation NZ resource and not only contains good information but it also has a great poster/social media assets series that could easily be used to stimulate classroom discussions on the topic of vaping. (dontgetsuckedin.co.nz)

CATCH My Breath:

CATCH is a 'healthy living and obesity prevention' platform and one of the sections deals with nicotine vaping prevention. Teachers have to sign-up to access the lessons but there are some useful resources for school communities available on the site.

[\(\[catchinfo.org/modules/e-cigarettes\]\(http://catchinfo.org/modules/e-cigarettes\)\)](http://catchinfo.org/modules/e-cigarettes)

Flavors Hook Kids:

A parent resource developed by the California's Tobacco Control Program that has some useful information and some great campaign materials that would be great for classroom discussions. It has a bigger focus on ways to talk to your kids about vaping and how to get help if they want to quit. (flavorshookkids.org)

Tobacco Prevention Toolkit: E-Cigarette and Vape Pen Module:

A really useful teacher resource from Stanford University. Has everything you need (and much, much more) in the vaping area including lesson plans, PPT presentations and information sheets.

[\(\[med.stanford.edu/tobaccopreventiontoolkit/curriculum-decision-maker/by-module/E-Cigs.html\]\(http://med.stanford.edu/tobaccopreventiontoolkit/curriculum-decision-maker/by-module/E-Cigs.html\)\)](http://med.stanford.edu/tobaccopreventiontoolkit/curriculum-decision-maker/by-module/E-Cigs.html)

The Real Cost:

Developed by the US FDA's Center for Tobacco Products and although there's not a lot there, what is different about it and makes it more useful to some extent is that vaping is one part of a larger project targeting tobacco. The FAQs sections are great, providing references for each of the answers that are listed. (therealcost.betobaccofree.hhs.gov)

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Safety First:

Great harm reduction resource from Drug Policy Alliance – you will need to register to access but has some useful information, particularly around vaping. The CRAAP Test is a wonderful resource for educators. It is a US resource but well worth a look for the more ‘adventurous’ teacher!

[\(\[drugpolicy.org/resource/safety-first-reality-based-approach-teens-and-drugs\]\(https://drugpolicy.org/resource/safety-first-reality-based-approach-teens-and-drugs\)\)](https://drugpolicy.org/resource/safety-first-reality-based-approach-teens-and-drugs)

Kansas Vape-Free Schools Toolkit:

An American resource that has some really useful information for schools around developing a policy around vaping. There are some ideas that most probably wouldn’t work in the Australian context (e.g., a ‘Resist Charter’) but others that are great. The ‘Responding to Common Questions’ section would be so helpful to schools to deal with parent queries about a new (or improved) policy. (kdheks.gov/tobacco/download/Vape_Free_Schools_Toolkit.pdf)

The Real Cost Of Vaping:

This is an American Scholastic website that has some useful lessons and activities for students, as well as some short videos that could easily be adapted for an Australian audience. There is a wonderful PPT presentation for teachers that can be downloaded titled ‘How To Talk To Your Students About Vaping’ that is well worth a look.

[\(\[scholastic.com/youthvapingrisks/index.html\]\(https://scholastic.com/youthvapingrisks/index.html\)\)](https://scholastic.com/youthvapingrisks/index.html)