

DARTA Seminar Day – Sydney Friday, 19 June 2020

We've already had a great response to the DARTA Seminar Day to be held in Sydney next year and places are filling up fast. Numbers are strictly limited due to venue capacity so if you are interested in attending, please book and reserve your place as soon as possible.

As in previous years, the one-day seminar aims to provide teachers with information on current youth AOD trends in Australia, with a particular emphasis on school-based young people. Further details on content will be made available closer to the date.

Please note that for NSW teachers this is a NESA-accredited seminar and attendance will contribute 5.5 hours of NESA-registered PD towards maintaining Proficient Teacher Accreditation in NSW

For further information, please contact Kati Haworth (k.haworth@darta.net.au).

Year 9 Workshop

Just a reminder that the DARTA workshop for Year 9 students is now available across the country for 2020. This interactive workshop is facilitated by a new addition to the DARTA team, Ms Kris Bobetic. A series of classroom activities have also been developed for teachers to use to follow-up and reinforce some of the key messages delivered in the workshop.

To book the Year 9 workshop at your school or get more information on the content and structure of the session, please contact Kelly Elgin at Booked Out (kelly@bookedout.com.au).

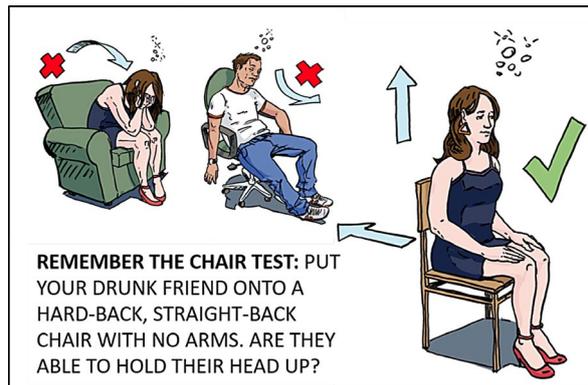
New fact sheets

Two new fact sheets for young people are now available on the DARTA website:

- [Alcohol and hypothermia](#)
- [The recovery position](#)

DARTA Instagram

For those of you who are not aware, DARTA has an Instagram account ([dillonpauldarta](https://www.instagram.com/dillonpauldarta)) with over 26,000 followers (most of whom are past and present Year 10, 11 and 12 students, as well as their parents, teachers and the like). Every Saturday evening at 8.00pm AEST, a post is shared containing one of the many messages developed for students that attend DARTA school presentations. A couple of these have been included here:



Setting-up your own school (or class) Instagram account around safer partying is a great way of getting students to develop and share meaningful messages in this area.

'Jungle Juice' – Amyl Nitrite



The 'Real Deal on Drugs' site has received almost 2 million hits since it was first launched. It provides young people with the opportunity to ask a wide range of questions about all things 'alcohol and other drugs'. Almost 500K of those hits have been on one question regarding 'Jungle Juice'. Known by many brand names, the substance they are referring to is amyl nitrite. Amyl has been around for a long time but has become increasingly popular amongst teens.

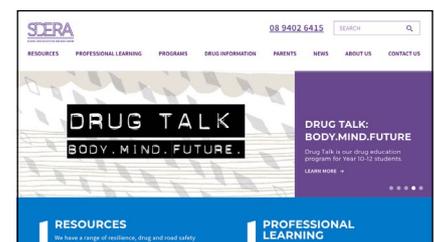
DARTA is currently in the process of putting together a fact sheet on the topic but if you are interested in what questions young people are asking and the responses, please go to the following links on the 'Real Deal' site:

- [What is 'jungle juice' and is it dangerous?](#)
- [Can sniffing 'jungle juice' cause you to go blind?](#)
- [Would snorting or sniffing a drug cause an irritation under the nose?](#)

Other useful resources:

[Drug Talk: Body. Mind. Future.:](#)

This is another SDERA resource, funded by the WA Government in response to the 'ice' issue, it is described as a 'meth/amphetamine and other drugs education program' for Year 10–12 students, but realistically it is a general program that contains some 'ice-specific' information. This is an online program that value-adds to the Challenges and Choices resources, once again "empowering (students) to make healthy, informed decisions for their own and others' safety and wellbeing, now and into the future". Another great resource for the classroom teacher.



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