



Year 9 Workshop

Just a reminder that the DARTA workshop for Year 9 students is now available to schools in Victoria, NSW and SA for Terms 3 and 4 this year. This interactive workshop is facilitated by a new addition to the DARTA team, Ms Kris Bobetic. A series of classroom activities have also been developed for teachers to use to follow-up and reinforce some of the key messages delivered in the workshop.

To book the Year 9 workshop at your school or get more information on the content and structure of the session, please contact Kelly Elgin at Booked Out (kelly@bookedout.com.au).

Quizzes: Alcohol and Cannabis

DARTA has developed a series of [quizzes](#) to assist teachers to quickly assess Year 9 students' knowledge, attitudes and values, as well as perceived social norms on alcohol and cannabis. These have recently been updated with the most recent ASSAD survey results. A document for teachers is also available, providing the answers, as well as background information that can be used during classroom discussion.



Young Drivers

The rules and restrictions for L and P-plates vary across the country. The DARTA website now has a [Young Drivers](#) section that provides key information for this group by jurisdiction, including blood alcohol limits, number of passengers, mobile phone use and length of licence. Fact sheets on issues around RBT and roadside (or mobile) drug testing are currently being developed and will be made available here when completed.

The Real Deal on Drugs

There have been many new entries, answering real questions that young people ask via the blog.

These include the following:

- [Can nitrous oxide \('nanging'\) kill?](#)
- [Can sniffing 'jungle juice' cause you to go blind?](#)
- [Does drinking alcohol really kill brain cells or is that just a myth?](#)
- [What is creatine? Is it a drug and why do people use it?](#)
- [Can roadside drug tests detect medications like drugs for ADHD?](#)
- [How does someone die from taking ecstasy?](#)
- [Why do some people get addicted to drugs and others don't?](#)
- [What is GHB and why is it seen as so dangerous?](#)
- [Is MDMA or ecstasy now being used for medical purposes in the US?](#)
- [What is 'shafting' or 'plugging' drugs and why would someone do it?](#)
- [What is the recovery position and is it always safe?](#)
- [I got drunk and was told I almost died from hypothermia. What does that mean?](#)
- [Is drinking 'straight' spirits more or less dangerous than drinking 'mixed' spirits?](#)

DARTA Seminar Day 2020 – Sydney Friday, 19 June 2020

Since 2014 Paul Dillon has been presenting DARTA Seminar Days across the country and they have received an overwhelmingly positive response from those who have attended. There was no seminar offered this year but due to great demand a date and venue have already been locked in for 2020. As in previous years, the one-day seminar aims to provide teachers with information on current youth AOD trends in Australia, with a particular emphasis on school-based young people. Further details on content will be made available closer to the date.

Please note that for NSW teachers this is a NESA-accredited seminar and attendance will contribute 5.5 hours of NESA-registered PD towards maintaining Proficient Teacher Accreditation in NSW

Numbers will be strictly limited so to express your interest in attending please go to the following [link](#) on the DARTA website. For further information, please contact Kati Haworth (k.haworth@darta.net.au).