



Paul Dillon's final school visit for 2019 was Narrabeen Sports HS. During the year he spoke to students from almost 200 schools, presenting to more than 120,000 young people. Paul was also interviewed by the wonderful Melissa Hoyer for Reach Out in December. Go to the Reach Out website to see the video, as well as others that deal with a range of teen issues.

Year 9 Workshop

Just a reminder that the DARTA workshop for Year 9 students is now available across the country for 2020. This interactive workshop is facilitated by Ms Kris Bobetic. A series of classroom activities have also been developed for teachers to use to follow-up and reinforce some of the key messages delivered in the workshop.

To book the Year 9 workshop at your school or get more information on the content and structure of the session, please contact Kelly Elgin at Booked Out. (kelly@bookedout.com.au).

School Surveys

DARTA has developed surveys examining alcohol and other drug (AOD) use in a number of school communities across the country. The data collected has helped schools develop more effective drug education as well as being invaluable in the roll-out of pastoral care programs. If you are interested in having DARTA provide this service to your school community, or require further information, enquiries can be sent to k.haworth@darta.net.au.

DARTA Seminar Day – Sydney Friday, 19 June 2020

We've already had a great response to the DARTA Seminar Day to be held in Sydney this year and places are filling up fast. Numbers are strictly limited due to venue capacity. To book and reserve your place as soon as possible, please go to the following [link](#).

As in previous years, the one-day seminar aims to provide teachers with information on current youth AOD trends in Australia, with a particular emphasis on school-based young people. Further details on content will be made available closer to the date.

Please note that for NSW teachers this is a NESA-accredited seminar and attendance will contribute 5.5 hours of NESA-registered PD towards maintaining Proficient Teacher Accreditation in NSW.

For further information, please contact Kati Haworth (k.haworth@darta.net.au).

New Fact Sheets

Four new fact sheets for young people are now available on the DARTA website:

- [Random Breath Testing \(RBT\)](#)
- [Roadside \(or Mobile\) Drug Testing \(RDT/MDT\)](#)
- [Police Searches](#)
- [Criminal Records](#)
- [Nitrous Oxide and 'Nanging'](#)
- [Amyl Nitrite or 'Jungle Juice'](#)
- [E-cigarettes and Vaping](#)

There is also now an updated and revised version of the following DARTA Teacher fact sheet:

- [E-cigarettes and Vaping](#)

Other useful resources:

[Safety First: Real Drug Education for Teens](#): This is a US online resource comprising of 15 lessons developed by the Drug Policy Alliance. It is important to remember that it is American and it is very much a harm reduction program. As the website says, when it comes to drug education, "a harm reduction approach discourages young people from using alcohol and other drugs. But it offers more than an abstinence-only approach, because it also provides teenagers with information to keep themselves and their friends safe if and when they do encounter these substances." It promotes critical thinking and decision-making and supports a 'strengths-based' approach. The CRAAP Test that they use in most lessons is fantastic – you'll have to take a look at the program to see what that's all about.