

Year 9 Workshop

Just a reminder that there is now a DARTA workshop for Year 9 students designed to complement our existing Years 10-12 presentations. This workshop is now being offered to schools in Victoria, NSW and SA in 2019. The workshop is designed to be interactive and facilitated by a new addition to the DARTA team, Ms Kris Bobetic. An experienced trainer and paramedic for 17 years, Kris has already delivered the session at a number of schools this year and the feedback has been wonderful.

This workshop promotes positive norms around the prevalence of youth drinking, particularly at Year 9, encouraging the concept of delaying use. Kris' paramedic experience ensures that this is a practical session and students will be given the opportunity to discuss age-appropriate help-seeking behaviour, including the 'recovery position, with a health professional.

To book the Year 9 workshop at your school or get more information on the content and structure of the session, please contact Kelly Elgin at Booked Out (kelly@bookedout.com.au).



New fact sheets available

Two new fact sheets answering young people's questions around ambulances have been produced that are now available on the DARTA website. They are as follows:

- [Calling an ambulance: Your questions answered](#)
- [Calling an ambulance for someone who is drunk](#)

2017 ASSAD data released: School students and alcohol and other drug use

The Australian Secondary Students' Alcohol and Drug (ASSAD) survey examines school-based young people's use of licit and illicit substances. A PDF version of the 2017 survey results, together with a Word and PDF version of the 2014 report, is available on the Australian Government's National Drug Strategy [website](#). The findings are mostly positive, particularly when it comes to alcohol and tobacco. The number of 12-17-year-olds who reported never drinking alcohol increased once again to more than one third (34%), up from only one in ten in 1999. Lifetime use of ecstasy had doubled amongst 12-17-year-olds since 2014, however, with 16% of 17-year-old males reporting ever having used the drug.



DARTA has produced both a PPT and PDF version of a presentation of the 2017 ASSAD survey results. These are now available on the [DARTA website](#).

2019 parent presentation on website

One of our most popular parent presentations for 2019 – *Teenagers, alcohol and other drugs 2019: What's happening, what's out there and how much influence do parents really have?* is now available for download as a PDF on the ['Presentation'](#) page of the DARTA website. This presentation examines the most recent data available on the use of alcohol and other drugs by school-based young people. It discusses three concerning drug trends:

- increasing use of cannabis and the growing number of suspensions and expulsions linked to the drug
- the 'normalization' of ecstasy/MDMA
- 'nanging'.

It aims to empower parents with a positive message and assist them in having open and honest family discussions in this complex area.

Nitrous oxide or 'nanging': Teacher fact sheet now available

Anecdotal evidence suggests that the use of nitrous oxide (or 'nanging') is on the increase amongst school-based young people. The death of a young man at Schoolies on the Gold Coast last year highlighted the issue and in response DARTA has developed a new fact sheet for Teachers on the topic:

- [Nitrous oxide or 'nanging'](#)

