

### DARTA Seminar Day 2018: Far North Coast

For NSW teachers from the far north coast, Paul Dillon will be delivering a one-day information session in Lennox Head on Monday, 26 November. DARTA is endorsed to provide NESAs Registered Professional Development for teachers accredited at Proficient Teacher Level. **Attendance at this DARTA Seminar Day will contribute 5.5 hours of NESAs Registered PD towards maintaining Proficient Teacher Accreditation in NSW.**

Specific topic areas to be covered for each of the sessions will be made closer to the date, but please note that if you have attended a DARTA Seminar Day in the past the content will not be the same as for previous sessions. Details are as follows:

**Date:** Monday 26 November 2018

**Time:** 8.30am-3.00pm

**Location:** Lake Ainsworth Sport & Recreation Cub, Lennox Head

**Cost:** \$150 per person (registration includes morning tea and lunch)

For registration details or further information please contact Rebecca Smith ([Rebecca.smith10@health.nsw.gov.au](mailto:Rebecca.smith10@health.nsw.gov.au))

#### Other useful resources: Challenges and Choices:

Developed by SDERA, this program currently for Years 7-9 (with the Year 10 program hopefully available sometime in 2018) takes a resilience approach to drug education. Without a doubt one of the most comprehensive resources currently available, the program "aims to develop students' awareness of the possible harmful effects of drug use and acquire skills needed to help them make informed decisions and manage drug-related situations". Each year level includes two components – the Teacher Resource and a student workbook. This has so many great activities and is nicely presented – well worth a look!

### New Teacher Fact Sheets

A number of new DARTA fact sheets have been developed and are now available for download from the DARTA website. They are as follows:

- **New Teacher Fact Sheets:** A number of new DARTA fact sheets have been developed and are now available for download from the DARTA website. They are as follows:
  - **Ecstasy: Patterns of use and problems**
  - **Ecstasy: Pill testing**
  - **Ecstasy: Responses**

Existing fact sheets are continuing to be reviewed and updated.

**The Real Deal on Drugs:** New entries, answering real questions that young people ask via the blog cover the following questions:

- **What happens when you call 000 and ask for an ambulance?**
- **Can snorting cocaine really cause your nose to collapse?**
- **Why can cannabis be found in a drug test for longer than other drugs?**
- **What is fentanyl and why is it so dangerous?**
- **Is drinking 'straight' spirits more or less dangerous than drinking 'mixed' spirits?**



### FREE BROCHURES, PAMPHLETS & POSTERS:

In our new online world, there are now very few places where teachers and others who work with young people can access free 'hard copy' resources such as brochures, pamphlets and posters. If you are interested in obtaining free resources, there are still a few places you can go - the Federal Government's National Binge Drinking Campaign - 'Don't Turn A Night Out Into A Nightmare' still provides access to some free materials, including posters, via their website

(<http://www.drinkingnightmare.gov.au/internet/DrinkingNightmare/publishing.nsf>). The WA Government's 'Alcohol: Think Again' campaign also has a resource order form (<https://alcoholthinkagain.com.au/Resources>). If you don't mind paying for product, there are some great resources that you can purchase through the Australian Drug Foundation (ADF) (<https://shop.adf.org.au/>).